

The Seeing-Glass: Poetry Reflections (Paperback)



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(Dr. Porter Mitchell)

THE SEEING-GLASS: POETRY REFLECTIONS (PAPERBACK)



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America Star Books, United States, 2013. Paperback. Book Condition: New. 214 x 138 mm. Language: English . Brand New Book ***** Print on Demand *****.In *The Seeing-Glass*, heart speaks to heart and soul speaks to soul. What began as a 40-day Lenten journey with sacred texts from diverse wisdom traditions [Christian, Zen, Buddhist, Hindu, Muslim, Native American, etc.] as walking sticks and guideposts became both an epiphany and a manuscript. Having joined a Monastery of the Heart, a monastic movement of seekers, formed by the Benedictine Sisters of Erie, the author vowed to practice Lectio Divina [Divine Reading] each day. Lectio is an ancient prayer practice used widely by desert mothers [ammass] and fathers [abbas] during the 3rd-5th centuries, refined by St. Benedict of Nursia in the 6th century, and practiced worldwide by present day contemplatives. Dr. Bielowski s mission was to read the designated passage intentionally and reverentially; sit with it, savor it, sink within it, until a sentence or two began to stir and shimmer. After opening herself to its rapt voice, the author was to record its message in a personal reflection. Reflections came in the form of poems-she daydreamed and sleepwalked with them as ever-present companions. Gradually, the poems took on a rhythm and regularity akin to the Liturgy of the Hours. When Dr. Linda L. Bielowski feared the writer s void, much to her amazement, she received the holy gift of an image, metaphor, allegory, or complete verse-dayafter-day-after-day. In a time experiencing a resurgence of interest and curiosity about contemplative prayer and seeking the God who reigns within, *The Seeing-Glass* is not intended to be a monolithic how-to manual for the prayer life. The author used to worry about the correct way to pray, stretching to glean its secret until she realized that often her...



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