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By Michael Fessler

WestBow Press, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. The Bible tells us that believers are transformed by the renewing of their minds. Another way of putting this is . taking into captivity every thought to the obedience of Christ. This means learning how to think of all of life, including sport, from a biblical perspective. Michael Fessler s book is drenched in Christian worldview. Those who wrestle with its truths will be richer for it. I wish that I had been able to drink from its wisdom as a young man but am grateful to be able to do so as an old(er) one. --Jack Spates, MDiv, Baptist Bible College Seminary and former head wrestling coach at Oklahoma University My belief has always been that wrestling is a microcosm of life. Most of the things that we are going to experience in life are going to be experienced in a wrestling career. Michael does an excellent job in paralleling the relationship between faith and wrestling. His book expresses the importance of developing the total athlete--spiritually, physically, emotionally, and socially. I look forward to the...



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